

Mailing Address:
1308 Park Avenue
Alameda, CA 94501



Love. Learn. Lead.

Site Address:
1828 Park Street
Alameda, CA 94501

E4CS Creatives' Weekly Rhythm 2025-2026

	Monday	Tuesday	Wednesday	Thursday	Friday
8:30 – 9:00	Opening Community Circle				
9:00 – 11:00	9:00-10:30 Elder Buddies Program: Math & Science Lab Dr. JoAnna & Essential Studies (Main Lesson Block)	Essential Studies (Main Lesson Block)			
11:00 -11:15	Movement Break		11:00-12:30 Integrated Arts: NatureScape Coach Emily	Movement Break	
11:15-11:30	Refreshment Break			Refreshment Break	
11:30-12:00	Essential Studies (Main Lesson Block)	Inquiry & Exploratory Studies		Inquiry & Exploratory Studies	
12:00-1:00	Refuel & Activate	Refuel & Activate	12:30-1:00 Refuel & Rejuvenate	Refuel & Activate	Refuel & Activate
1:00-2:00	World Language: Spanish Maestra Amelia	Integrated & Expressive Arts: Capoeira/Music Mestre Kenny	1:00-2:00 Integrated & Expressive Arts & E4C After-School Program: Coach Max	Integrated & Expressive Arts Mandarin/Kung Fu Sifu Sunny	Practical Arts: Handwork & Music
2:00-2:30	Closing Community Circle		Day Program Closing Community Circle & ASP Welcoming Community Circle	Closing Community Circle	
3:00-6:00	E4C After-School Program (ASP): Coach Max		2:30-6:00 E4C After-School Program: Coach Max	E4C After-School Program (ASP): Coach Max	